



[U18] Sports Medicine Designed For the Youth Athlete

On September 1, 2009, Memorial Hospital Miramar, in affiliation with Joe DiMaggio Children's Hospital, opened [U18] Sports Medicine, a comprehensive pediatric sports medicine center designed with the young athlete in mind. The 5,665-square foot facility consists of examination rooms, state-of-the-art digital X-rays and a large physical therapy gymnasium that caters to the varied needs of injured athletes. The waiting room features large windows that provide a full view of the physical therapy area, enabling parents to observe their children's progress. One-on-one treatment at [U18] is administered by orthopedic-certified physical therapists who understand young athletes' unique needs.

Overseeing the facility and the progress of these young athletes are the physicians from the Joe DiMaggio Children's Hospital Division of Pediatric Orthopaedics and Spinal Deformities; Drs. Michael Jofe, Randolph Cohen, Neal Mc Nerney, Stephen Storer and Cara Novick. These physicians are board certified, fellowship trained pediatric orthopedic surgeons who specialize solely in the diagnosis and treatment of

musculoskeletal injuries in children, adolescents, and teens under 18 years of age or [U18]. Most importantly, they understand that the [U18] athlete is not an adult and treatment of their injuries may require a different approach.

Additionally, [U18] Sports Medicine will provide a community outreach program, tailored to parents, coaches and trainers of local high schools and youth organizations. Sports symposiums and clinics will be hosted by [U18] to educate the community on first responder assessments, injury prevention techniques and much more. To accompany the outreach program, an interactive website, www.U18sportsmedicine.com will provide a place where parents and coaches can find information on various injuries, request appointments and view upcoming educational events.

The [U18] Sports Medicine facility is located in Suite 207 in the Medical Office Building at Memorial Hospital Miramar, at the intersection of S.W. 172nd Avenue and Pembroke Road. For more information call 954-538-5500 or visit the website, www.U18sportsmedicine.com.

